

Slow motion description

The crowd fell into an intense silence as I stepped up onto the diving board. My heart was racing.

Waiting for the signal to go I pulled my goggles over my eyes. Shaking, I could see my family waving up from the seating area from in the corner of my eye. Then I heard the signal. "Ready..." I nervously pushed my bottom up into the air tightly gripping onto the slippery diving board. "Set...." I leaned back ready to jump in. I took a deep breath when I heard... "GO!"

I leapt from the diving board like I had just woken from a nightmare. Pushing my arms above my head into a streamline position. The tips of my fingers entered the pool until my whole body was fully submerged under the surface of the water. My body entering the like a hot knife slicing a soft chunk of butter. I flapped my legs like a mermaid then I reached up out of the water to take a deep breath before going back under. My arms swooped over like eagles wings then shot back in. My legs following closely behind creating continuous splashes. I reached for the wall as a tapped it with both hands.

I stood up and brushed all the water out of my eyes and peered behind me... I had won! Everyone cheered and clapped like their football team had just scored a goal.

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