

HARVEST APPEAL

HELP SUPPORT YOUR FOOD BANK WITH FOOD AND FUNDS THIS HARVEST

DONATE FOOD

Help by donating an item or two from the list to support people facing hardship.



SHOPPING LIST TOP FIVE ITEMS

- Tinned vegetables
- Tinned fish/meat
- Tinned rice pud/custard
- UHT Milk/fruit juice
- Tinned snack meals

*Don't forget...
You can help transform more lives
with a financial donation too.*

DONATE MONEY

help to cover the costs of storing and distributing emergency food as well as delivering additional support and advice.



RUGBY FOODBANK
rugby.foodbank.org.uk

Registered Charity in England & Wales (1126487)
Part of the work of Hope4