Understanding



Your Teenager

2-hour FREE workshop for parents/carers at:

Rugby Library and Information Centre, Little Elborow Street, Rugby CV21 3BZ

On Tuesday 31st Jan 2023 at 10:00- 12:00

The teenage years can be challenging both for parents and teenagers themselves! But teenager's behaviour does not have to be a mystery.

The aim of Understanding Your Teenager 2-hour workshop is to enhance parent/carers relationships with their teenagers building on parent/carers understanding of teenage development and behaviours.

To book a place scan QR code:







For any enquires please contact

ehparenttrainers@warwickshire.gov.uk