



P a d d o x

Paddox Primary Newsletter 17 February 2023

Dear Parents and Carers,

This week, we'd like to share some information about behaviour at Paddox.

Firstly, I would just like to introduce myself to anyone who I have not met yet. I am Mr Goodbody, the new Acting Assistant Headteacher for Behaviour and Pastoral, I also teach in Pine class.

Here at Paddox, we use a restorative attachment-aware approach to behaviour, using restorative conversations to regain trust and build empathy within our children. These conversations are underpinned by eight key questions.

1) What happened?

It is important to listen carefully and dispassionately to the child's account without interrupting or disagreeing. It is equally as important to give your account from your perspective without judgment.

2) What were you feeling at the time?

This reflection helps the pupil to reconsider their actions and replay their thought processes. (Visual prompts can be used for younger/ SEND children.)

3) How have you felt since?

Many doors are opened through this question that might allow the pupil a change of attitude, a shift in explanation or even the possibility of an apology.

4) How did this make other people feel?

The child may be unaware of how other people reacted to their behaviour. In the moment of crisis, this might not seem significant, but in the aftermath, it is important to shine a light on it.

5) Who has been affected?

The child may initially think it is only them but with some gentle encouragement, they can help to see the bigger picture. You are teaching them to use their conscience.

6) How have they been affected?

You are teaching them to develop empathy with others.

7) What should we do to put things right?

In many restorative conversations, this is the point where the child may offer an apology, but we don't force it. Even if an apology is the 'obvious' step from the adult's perspective, resist the urge to guide the conversation that way. Everyone knows a forced apology is worthless.

8) How can we do things differently in the future?

This will encourage forward thinking and visualisation. This doesn't mean they will immediately be able to change direction, but they will certainly be more aware of their poor choices.

Depending on the age and understanding of the pupil we will use all or some of the questions in our restorative conversations. For younger children, 2 or 3 questions can be enough. I hope this gives you a small insight into how we are talking about behaviour at Paddox. Feel free to use these at home.

On behalf of everyone at Paddox, have a great half term!

Best wishes,

Mr Goodbody.

Look Up Competition Winners

It was great to have so many entries into the 'Look Up' competition. It was lovely to see so many amazing photographs of you wrapping up warm and enjoying the night skies. It was so hard to choose a winner as the photos were of a really high standard.

Winners

Reception - George D; Year 1 - Sreenidhi; Year 2 - Lucas; Year 3 - Libby W; Year 4 - Meredith; Year 5 - Emma H; Year 6 - Chloe

Well done to all of the entrants!

Mrs Barnes







P.E Update from Mrs Knight

Over the last two weeks, 23 of our Paddox children have competed in two cross-country heats. The children have worked hard in lessons and at cross-country club and all pulled off some great performances, many making the top 20. Notably, last week, Isaac came 1st alongside Karam who came 3rd and Lily in 6th. Archie, Year 5, stormed in in 5th place doing an amazing job of taking on the Year 6s as did Freddie and Alexa, also in year 5, in 10th and 19th respectively. This week saw some equally outstanding performances with Isaac, Karam, Archie, Amelia and Lily in the top 10. An incredible improvement in performance was Jayden who placed 23rd last week and 15th this week! The races saw 118 boys and 103 girls take part, so these are amazing achievements, and the children should be so proud. There is one more heat to go before the children are selected to represent Eastern Rugby in the final on Saturday 11 March. I would like to thank the parents for their support in getting the children

there and helping to get the children organised as well as Mrs Eagles and Mrs Tilley for their support in the first race.







The boys played their last football fixture of the Kilsby Lane league, this week. A couple of draws and there were losses to Bilton Juniors who have an exceptionally strong team this year. The children continued to play well with some great play, passes and set ups but they couldn't quite get the goals in

this time. I am always so impressed with their attitude, determination and perseverance throughout the games. Especially for some that had run in the cross-country the day before! There were some tired legs out there! We are hoping to finish the league in second place so watch this space! Congratulations Paddox team! A new football league starts in March.



Information for Paddox families

MONEY ADVICE MARKET

Get help with cost of living pressures . . .

- • • • Finance and debt advice
- • • • Citizen's Advice
- • • • Foodbank
- • • • Energy and fuel
- • • • Childcare costs
- • • • Help for families
- • • • Housing support
- • • • Local jobs
- • • • Love Food Hate Waste
- • • • Mental health and wellbeing
- • • • Rugby Repair Cafe
- • • • PLUS...
- • • • Visit the WRCC Mobile Warm Hub!

**RUGBY LIBRARY,
LITTLE ELBOROW ST,
RUGBY, CV21 3BZ**

Free children's activities,
free refreshments,
all welcome!

**WEDNESDAY 1 MARCH,
10AM - 12.30PM**

www.facebook.com/CostOfLivingRugby
www.facebook.com/RugbyLibrary



1 - Free Money Advice Market event - Wednesday 1 March 2023 - Rugby Library

Warwickshire residents are invited to drop into a **Money Advice Market event** taking place on **Wednesday 1 March** at **Rugby Library**.

The event, which is running from **10am to 12.30pm**, will feature organisations offering a range of support services for residents who may be struggling with the rising costs of living. This will include assistance with finance and debt, food support, energy and fuel, family assistance including childcare expenses and school holiday support, mental health and wellbeing, and local job vacancies.

Organisations who will be present at the event include Rugby Foodbank, Citizen's Advice, Act on Energy, Family Information Service, Orbit Housing, Rugby Job Centre, Rugby Borough Council Housing, Coventry & Warwickshire Mind, Severn Trent, Warwickshire Rural Community Council and their mobile warm hub, P3, and Equip. The Rugby Repair Café team will demonstrate the types of items they try to repair at their monthly repair café held at St Andrew's Church in Rugby on the third Saturday of each month. Rugby Children & Family Centres will provide free children's activities, and free refreshments will also be available.

The Money Advice Market is open to everyone and free to drop into, with no booking required. Parking is available opposite the library and is free for two hour stays.

Visit www.facebook.com/CostOfLivingRugby¹ for more information and support.



2 - Parent Carer Webinar from Warwickshire County Council

<https://eur02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.facebook.com%2FCostOfLivingRugby&data=05|01|jennifermcCabe%40warwickshire.gov.uk|09a597125d9d4221146308daa6c902aa|88b0aa0659274bbba89389cc2713ac82|0|0|638005679499670627|Unknown|TWfPbGZsb3d8eyJWljojMCM4wJwMDAiLCJQjoiV2IuMzIiLCJBTiI6k1haWwiLCJXVCi6Mn0%3D|3000||&sdata=HGZ4Xq73BuD4S4W2uDTopECjE9kacsSO6j0sty5yFrQ%3D&reserved=0>



A free programme that helps Warwickshire families live healthier lives

The Change Makers Healthy Lifestyles Programme teaches families about good nutrition, staying active and other healthy living topics through seven fun, interactive weekly sessions. The whole family can get involved in activities like preparing and tasting new foods and trying group exercises, as well as getting lots of practical advice on healthy lifestyles.

Change Makers also offer a one-off workshop for parents/carers that provides a general overview of healthy living, including useful tips and a Q&A session.

For families with more complex needs, one-to-one support from the Change Makers team is available.

**Change Makers services
are available for free to all
families with a child/young
person who goes to school
in Warwickshire.**



**Change Makers is part of Connect for Health,
your school nursing service in Warwickshire. To
find out more and get involved, please call us
on 03300 245 204.**

3 - A free programme that helps Warwickshire families live healthier lives from Connect for Health

The Orchard Before and Afterschool Club



4 - Children at The Orchard have been doing activities to show caring, kindness and teamwork.

Booking is now open for before and afterschool club for the next half term. Bookings should be made via the School Money website² (not the App). The booking deadline is **10am on Friday 24 February 2023** for the week ahead (Parents not booking by 10am on a Friday morning for the week ahead will incur the flexi rate of charges).

Please remember to return your signed The Orchard contract to the school office - many thanks to those that have returned the contract already.

²<https://login.eduspot.co.uk/public/portal/parent/?app=schoolmoney&source=website&version=20190314>

Important Reminders



Afterschool Clubs: Afterschool clubs continue after half term from week commencing Monday 27 February. This includes the second half of the Autumn Term Football clubs for years 1&2, 3&4, and 5&6. All children who have places on these clubs will have been notified previously. Any club queries please contact the teacher running the club.

Medication: No medication should come into school without prior arrangement and necessary form(s) being complete via the school office. Children should **not** have any medication in their school bags or on their person in school.

Water bottles: Please ensure your child comes to school with a named water bottle every day. The bottle should **only** contain water (not squash or other drinks). We are unable to provide children with spare bottles or cups.

Nut Free and Sesame Seed Free Zone: *Paddox is a NUT FREE and SESAME SEED FREE ZONE. We do not allow these items in school. This also applies to any school trips that take place and require your child to bring a packed lunch. We have an increasing number of children with severe allergies to nuts and/or sesame seeds.*

Please make sure that your child is not bringing nut based or sesame seed products to school in their lunch boxes.

The items that should not come into school include nut based spreads like peanut butter, hazelnut spreads and snacks (e.g. Nutella), almond butter/spread, cashew butter/spread and salads that may have nuts or seeds included in them, as well as sesame seed snacks (e.g. Sesame Snaps, sesame bagels).*

**Please note this list is not exhaustive.*

Dates for your diary



Half term: Monday 20 February to Friday 24 February 2023 inclusive. Children return to school on Monday 27 February 2023.

Monday 27 February - 3 March: Year 6 Residential

Monday 6 March: FOPS School Uniform Sale

Thursday 9 March: World Book Day (fancy dress is optional) - **please note**, this is the correct date for Paddox World Book Day - not Thursday 2 March

Monday 13 March: Reception / Year 1 / Year 2 and Year 3 & 4 Intrasports - in school time, no spectators and house colour t-shirts should be worn

Monday 13 - Wednesday 15 March: Year 5 Residential

Monday 13 - Sunday 19 March: Neurodiversity Week 2023

Friday 17 March: Inspirational Women Day

Monday 20 March: Year 5 & 6 Intrasports - in school time, no spectators and house colour t-shirts should be worn

Tuesday 21 and Wednesday 22 March: Year 5 Group Assembly (letters to be sent out)

Tuesday 28 and Wednesday 29 March: Year 4 Spring Production (letters to be sent out)

Friday 31 March: Non-uniform day

Easter holidays: Monday 3 April to Friday 14 April 2023 inclusive

