

## Monday



Pork Sausages G.S.U.

## Tuesday



Pasta with Peas & Bacon D.G.

## Wednesday



British Roast Chicken, Stuffing G.

## Thursday



Pasta Bolognese G./Cheese D.

## Friday



Crispy Salmon Fishcake F.G. (v) Homemade Cheese & Tomato Pizza D.G.

## Jacket Potatoes Every Day



(v) Veggie Korma Curry with Wholegrain or White Rice D.

or



(v) Cheese/Beans D.

or



Tuna Mayonnaise F.E.



(vg) Quorn Roast G.  
Optional Stuffing G.



(v) Homemade Vegetable Burrito Bake D.G.



British Roast Chicken G.

(v) Cheddar Cheese D.G.

## Week 1 Dessert Menu

### Every day we offer:

(v) Yoghurt, (D.) or Fresh fruit as alternative dessert options

### Monday

(v) Swirly Chocolate Mousse D.  
(vg) Homemade Fruity Flapjack G.

### Tuesday

(v) Homemade Crispy Cornflake Cookie G.E.

### Wednesday

(v) Homemade Chocolate and Orange Brownie G.E.

### Thursday

(vg) Homemade Strawberry Slice G.

### Friday

(v) Ice Cream Tub D.  
(v) Cheddar Cheese, Crackers and Apple Wedges G.D.

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, semi skimmed milk or water to drink. Some schools offer a Hydration Station instead, comprising of unlimited chilled water flavoured with fresh fruit.

**Accompaniments may vary to those shown.**

Cold option served with potatoes of the day.

**PLEASE NOTE** some schools serve the cold option in a deli bag with vegetable sticks or salad, a dessert and a drink.

### Key

Vg = vegan  
V = vegetarian  
D = Dairy  
N = Coconut/Nuts  
S = Sesame  
E = Egg  
G = Gluten/Wheat  
F = Fish  
M = Mustard  
SB = Soya  
SU = Sulphites

